

Brief Strategic Therapy

July 29-Aug 7, 2007

9:00am – 9:30am
Registration

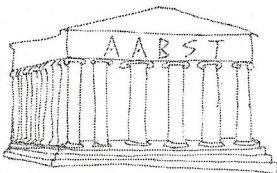
9:30am-12:00pm –
Morning Session

12:00-1:00pm –
Lunch
(on your own)

1:00-4:30pm –
Afternoon Session

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**American Association of
Brief and Strategic
Therapists**

www.aabst.org

Brief Strategic Therapy 10 Day Rapid Certification

Agenda

Sun: Overview of the Brief Strategic Therapy Model
Mon: Strategic Dialogue and Strategic Diagnosis and Case
Tue: Obsessive Compulsive D/O Lecture and Case
Wed: Obsessive Compulsive D/O Cases
Thur: Panic Attack Lecture and Case
Fri: Agoraphobic Disorder and Cases
Sat: Eating Disorders Lecture and Cases
Sun: Eating Disorders Cases
Mon: Personality Disorder Treatment and Case
Tue: Indirect Therapy (working through others) and Case

Breaks

A morning and afternoon coffee break will be held each day.

Lunch is one hour.

Restaurants

Mission Bay Marina Deli - 1548 Quivira Way, 223-5056. Walking distance.
Relaxing outdoor seating for cold drinks and sandwiches.

The Kruse Galley - at Seaforth Marina. 1729 Quivira Road, 222-3317. Walking distance.
Coffee Shop, open 5:00 am - 1:00 pm

Sportsmen's Seafoods - at Seaforth Marina. 1617 Quivira Road, 224-3551. Walking distance.
Seafood restaurant. Also, stop by the fish market for fresh fish cooked on the spot!

Blue Bay California Bistro - at the Hyatt Islandia. 1441 Quivira Road, 224-1234. Walking distance.
California Cuisine with a southwestern atmosphere, overlooking the water.

The Firefly - at Dana Inn & Marina, West Mission Bay Drive. 5-10 minute drive.
A special experience for a few lucky people. Upscale, yet casual, poolside service available. Firefly Bar & Grill is one of life's simple pleasures.

The Blue Pearl - at Dana Inn & Marina, 1770 West Mission Bay Drive, 222-4198. 5-10 minute drive.
Casual family restaurant with home cooked meals "like your mom used to make".

Ember's - 3924 West Point Loma Blvd., 222-6877. 5-10 minute drive.
Upscale, yet casual neighborhood grill specializing in California wood fired pizzas, pastas, and salads.

Denny's - 3920 West Point Loma Blvd., 226-2233. 5-10 minute drive.
Fun, clean, family dining!

Souplantation - 3960 West Point Loma Blvd., 222-7404. 5-10 minute drive.
Salad and bakery buffet with 60+ item salad bar, pastas, soups, fruit, breads, and desserts.

Baker's Square Restaurant & Bake Shop - 3711 Sports Arena Blvd., 224-4454. 5-10 minute drive.